

## Teams and Teamwork Exercise Sheet

### INSTRUCTIONS:

Write down the names (or positions) of the people in your immediate unit, department, or work area who contribute to the success in providing care for your residents. If you are not clinical at present, complete this exercise as if you worked in a nursing home, an assisted living facility, or a community support services program. (Choose one.)

#### A. Contributors

NAME _____	TITLE _____
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B. What is the GOAL of your unit, department, or work area?

C. What elements or characteristics make the group a team... or could make them a team?