

# AGENDA

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| 7:30 am  | <b>Registration</b>  |
| 8:00 am  | <b>Enhancing Your Influence</b><br><i>Amy Siple, APRN, FNP, GS-C 1.0 A</i><br>We are in a constant state of influencing others and being influenced. Maximizing our ability to impact those around us is attainable if we take the time to develop our skill set and learn about the people we desire to influence. This presentation will help us become more intentional in our efforts to maximize our sphere of influence.   |
| 9:00 am  | <b>Break</b>   |
| 9:10 am  | <b>De-Prescribing</b><br><i>Amy Siple, APRN, FNP, GS-C 1.0 RC</i><br>Polypharmacy is becoming an epidemic in western society and the hazards are numerous. Older adults are disproportionately affected. This presentation will take an in depth look at what is creating this crises, the risks involved, and how to avert it. De-prescribing is getting a lot more attention in the literature and health care staff need to know what to do to assist in this movement.   |
| 10:10 am | <b>Break</b>   |
| 10:20 am | <b>Exploring the Power of Empathy</b><br><i>Brenda Groves, LPN, CADDCT, CDP 1.0 A</i><br>Developing your ability to convey empathy authentically is an essential leadership skill. Naturally, people respond positively when others show that they care about them and their concerns. Understanding the root cause of your emotions and how to use them can help you effectively identify who you are and how you interact with others. Nursing is, after all, a team sport!  |
| 11:20 am | <b>Break</b>   |
| 11:30 am | <b>Lunch (provided)</b>  |
| 12:30 pm | <b>Care Planning, Staff Competency, &amp; Behavioral Health Requirements</b><br><i>Shelly Mafia, RN, NHA, MSN, MBA, QCP, CHC 1.0 RC</i><br>This session will focus on the Comprehensive Care Plan, Staff Competency, and Behavioral Health Regulations, with a review of the regulations and an analysis of the associated Interpretive Guidance. A review of survey procedures used to guide the investigative process will be discussed. Actual citation examples will be shared and discussed. Tools to assist the facility interdisciplinary team in monitoring compliance and incorporating into the facility QAPI processes will be discussed. |
| 1:30 pm  | <b>Break</b>   |
| 1:45 pm  | <b>Care Planning, Staff Competency, &amp; Behavioral Health Requirements Continued... 1.0 RC</b>   |
| 2:45 pm  | <b>Break</b>   |
| 3:00 pm  | <b>Care Planning, Staff Competency, &amp; Behavioral Health Requirements Continued... 1.0 RC</b>   |
| 4:00 pm  | <b>Adjourn</b>   |

## Cost

LeadingAge Kansas EDGE Member **\$129**

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Non-Member **\$189**

## Continuing Education

This educational event has been approved for up to 6.0 continuing education hours. 2.0 hours in the core of Administration and 4.0 hours in the core of Resident Care for Licensed Adult Care Home Administrators, Adult Care Home Operators and Dietitians by the Kansas Department of Aging and Disability Services approved provider number (LTSA0009).

LeadingAge Kansas is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for 6.0 contact hours applicable for APRN, RN, LPN or LMHT relicensure. Kansas State Board of Nursing provider number: LTO102-1116.

All other disciplines will receive a certification of attendance.

Continuing education hours are subject to change.

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# *Nurse* WORKSHOP | NOVEMBER 14, 2019

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